



Curriculum – Mini Kick

Activity # - 118

Game Title:	Planet Saver	Game Theme:	Body Parts
Learning Outcome(s):	Develop physical literacy and creative thinking		



Organization:

1. 20 x 20 yard area set up as shown
2. 12 players set up as shown
3. 12 balls

Story/Description:

1. Each planet saver (players) passes the planet (ball) to the coach who then throws it into space
2. The planet saver then has to chase the planet before it is lost in outer space forever (goes outside the area)
3. Each time the coach tells the planet savers how to save the planet and bring it back using a different part of their body, feet only, no hands or feet, head only (be creative)

Coaching Points:

1. Save the planet as quickly as you can but remember to listen carefully to the coach
2. Keep your head up just in case the coach moves!

Developments:

1. P – Move around the area so that players have to look up and adapt to your new position
2. P – Get the players to work in pairs